



## Empowered PT with Doctor E!

### Questions to ask your doctor prior to surgery:

- 1). What specific surgery will you perform and how will you do it?
- 2). How many times a year do you perform this specific surgery?
- 3). What is your infection rate?
- 4). Where do you perform your surgeries?
- 5). How many days will I be hospitalized or is this an outpatient procedure?
- 6). Will I need to use an assistive device or any restrictions after surgery?  
If so, for how long?
- 7). Do I need to have someone staying with me at home to help care for me? If so, for how long?
- 8). Do I need any adaptive equipment, braces or Ice machine etc after surgery?
- 9). Will I be restricted from driving or moving my limb in a particular way? If so, what are the restrictions and for how long?
- 9). How long is the post-operative rehabilitation? PT, OT?
- 10). When will I be able to return to my previous level of activity?
- 11). How soon after surgery can I start PT? Also, ask for the post-operative report before you leave the hospital so you can bring this to PT with you.
- 12). What is the best way to reach you if I should have any questions or concerns?